

XTREME TALENT SCHEDULE - SEASON 21

Last updated 8/10/26

MONDAY - AT XTREME - AFTERNOON/EVENING				TUESDAY - AT XTREME - AFTERNOON/EVENING				WEDNESDAY - AT XTREME - AFTERNOON/EVENING									
STUDIO 1		STUDIO 2		STUDIO 3		STUDIO 1		STUDIO 2		STUDIO 3		STUDIO 1		STUDIO 2		STUDIO 3	
3:30 pm	MoMentum Acro & Tech MoMentum <i>Brooklyn & Ariana</i>	Creative Play & Movement Ages 2-7 Pantheira Play <i>Alannah</i>	RAD: Inter Foundation Ballet 1/2 Technique <i>Rachel</i>	3:30 pm		Inter Elite Acro ITP <i>Maureen & Alannah</i>	3:30-4:00	Intermediate Lyrical MoMentum <i>Sam Svensk</i>	3:30 pm	Intermediate Jazz MoMentum <i>Eva</i>	RAD: Intermediate Ballet 2/2 Technique <i>Rachel</i>	Lil' Cats Tap (3-6) Recreational <i>Carlin</i>					
3:45 pm				3:45 pm					3:45 pm				3:30-4:00				
4:00 pm	3:30-4:15			3:30-4:15 RAD: Intermediate Ballet 1/2 Technique <i>Rachel</i>	4:00 pm	Acro Superline Company <i>Kennedy</i>	Junior Elite Acro ITP <i>Maureen & Alannah</i>	4:00-4:15	4:00 pm	3:30-4:15			4:00-4:45				
4:15 pm	Jazz Superline 2 (9-12) Company <i>Maureen & Tara</i>				4:15 pm				4:15 pm	Open Superline 2 (9-12) Company <i>Maureen & Tara</i>			4:00-4:45				
4:30 pm		3:30-4:45		4:30 pm	4:00-4:45	4:00-4:45		4:30 pm		3:30-4:45							
4:45 pm	4:15-5:00	Performance Academy: Ages 5+ Recreational <i>Michelle</i>	4:15-5:00 RAD: Grade 5 Ballet 1/2 Technique <i>Rachel</i>	4:45 pm	Company Jaguar/Lynx: Lyrical Company <i>Kennedy</i>	Sr. Elite Acro ITP <i>Maureen & Alannah</i>	4:45-5:30	4:45 pm	4:15-5:00		Lil' Cats (3-5yrs) Pre-Dance Recreational <i>Carlin</i>						
5:00 pm	Jazz Superline 1 (13+) Company <i>Maureen & Tara</i>			5:00 pm	ITP (13+): Acro Tech Technique <i>Alannah</i>	Intermediate Stage Company <i>Maureen & Tara</i>	4:45-5:30	5:00 pm	Open Superline 1 (13+) Company <i>Maureen & Tara</i>	RAD: Grade 4 Ballet 2/2 Technique <i>Rachel</i>	4:45-5:15						
5:15 pm		4:45-5:30		5:15 pm				5:15 pm									
5:30 pm	5:00-5:45	Ages 7-11: Hip Hop Recreational <i>Michelle</i>	5:00-5:45	5:30 pm				5:30 pm	5:00-5:45	5:00-5:45							
5:45 pm	Superline Combined Company		RAD: Grade 3 Ballet 1/2 Technique <i>Rachel</i>	5:45 pm				5:45 pm		RAD: Grade 3 Ballet 2/2 Technique <i>Rachel</i>							
6:00 pm	5:45-6:15	5:30-6:15		6:00 pm	5:30-6:15	5:30-6:15	5:45-6:15	6:00 pm	5:45-6:15		5:15-6:15						
6:15 pm	Large Lyrical ITP <i>Jordan/Tara</i>	Performance Academy: Ages 9+ Recreational <i>Lineke</i>	5:45-6:30	6:15 pm	Company (9-12): Spins & Leaps Technique <i>Kennedy</i>	Senior Stage Company <i>Maureen & Tara</i>		6:15 pm	Junior Dance Foundations (Cheetah) Technique <i>Kennedy</i>	5:45-6:30	Conditioning (Jag/Lynx) Technique <i>Tara</i>						
6:30 pm			RAD: Grade 4 Ballet 1/2 Technique <i>Rachel</i>	6:30 pm				6:30 pm			6:15-6:45						
6:45 pm	6:15-7:00	6:15-7:00		6:45 pm	6:15-7:00	6:15-7:00	6:15-7:00	6:45 pm	6:15-7:00	Conditioning (Tiger/Panther) Technique <i>Tara</i>							
7:00 pm	Hip Hop: Crew 32 Elite + <i>Tara</i>	Breaking Ages 11+ Recreational <i>Lineke</i>	6:30-7:15	7:00 pm	Beyond The Stage: Combo Class Week 1: Studio Session Week 2: Film Session <i>Xtreme Team</i>	Tara Privates		7:00 pm		Company (13+): Spins & Leaps (Tiger/Panther Company) Technique <i>Tara</i>							
7:15 pm				7:15 pm				7:15 pm	ITP (13+) Spins & Leaps (Tiger/Panther ITP) Technique <i>Kennedy</i>		6:45-7:45						
7:30 pm	7:00-7:45	7:00-7:45		7:30 pm	7:00-7:45	7:00-7:45	7:00-7:45	7:30 pm									
7:45 pm	Sr Elite Jazz & Small Group Contemporary *Alternates Weekly* ITP <i>Jordan/Tara</i>		7:15-8:15	7:45 pm	Royal Empire Hip Hop Company <i>Harrison & Alannah</i>			7:45 pm	7:15-8:00	7:15-8:00		Rachel Privates					
8:00 pm				8:00 pm	7:45-8:30			8:00 pm	Company (12+) Contemporary Elite + <i>Tara</i>	Kennedy Privates	7:45-8:30						
8:15 pm	7:45-8:45			8:15 pm				8:15 pm									
8:30 pm				8:30 pm	Royal T: Small Hip Hop Elite+ <i>Harrison & Alannah</i>			8:30 pm	8:00-8:45	8:00-8:45							
8:45 pm				8:45 pm				8:45 pm									
9:00 pm				9:00 pm	8:30-9:00			9:00 pm									
THURSDAY - AT XTREME - AFTERNOON/EVENING				FRIDAY - AT XTREME - AFTERNOON/EVENING				SATURDAY - AT XTREME - MORNING									
STUDIO 1		STUDIO 2		STUDIO 3		STUDIO 1		STUDIO 2		STUDIO 3		STUDIO 1		STUDIO 2		STUDIO 3	
3:30 pm		Privates	Junior Tap MoMentum <i>Robin Sanford</i>	3:30 pm		Baton 2 Recreational <i>Robin Sanford</i>	3:30-4:15	9:30 am	Lil' Cats Acro: Ages 3-4 Recreational <i>Brooklyn & Ariana</i>	Pantheira Play: 18mths-2yrs Creative Play & Movement <i>Kalyra</i>	Lil' Cats Baby Ballet - 18mths-2yrs Recreational <i>Carlin</i>						
3:45 pm	Ages 7-11: Acro Recreational <i>Kalyra</i>				3:45 pm	XPAA			9:45 am	9:30-10:00		9:30-10:00					
4:00 pm	3:45-4:30			3:30-4:15 Junior Jazz (Cheetah) MoMentum <i>Robin Sanford</i>	4:00 pm		Baton 3 Recreational <i>Robin Sanford</i>		10:00 am	Lil' Cats Acro: Ages 5-6 Recreational <i>Brooklyn & Ariana</i>		Lil' Cats Pre-Ballet: Ages 3-4 Recreational <i>Carlin</i>					
4:15 pm					4:15 pm				10:15 am		10:00-10:45	10:00-10:45					
4:30 pm	ITP (9-12)-Acro Tech Technique <i>Alannah</i>	Lil' Cats Hip Hop Ages 3-5 Recreational <i>Ariana & Brooklyn</i>	4:15-5:00	4:30 pm	3:30-5:00	4:15-5:00		10:30 am									
4:45 pm				4:45 pm				10:45 am	Acro: Ages 7-11 Recreational <i>Brooklyn & Ariana</i>	Pantheira Play: Ages 3-4 Creative Play & Movement <i>Kalyra</i>	RAD Pre-Primary Ballet: Ages 5-6 Recreational <i>Carlin</i>						
5:00 pm	4:30-5:15	4:30-5:15	Inter/Senior Tap Company <i>Robin Sanford</i>	5:00 pm				11:00 am									
5:15 pm	Senior Contortion ITP <i>Emma</i>	Royal Rebels: Hip Hop Technique <i>Carlin</i>	5:00-5:45	5:15 pm	Emma Privates	Robin Privates		11:15 am	10:45-11:30	10:45-11:30	10:45-11:30						
5:30 pm		5:15-5:45		5:30 pm				11:30 am		Pantheira Play: Ages 5-6 Creative Play & Movement <i>Kalyra</i>	RAD: Primary Ballet: Ages 7-8 Recreational <i>Carlin</i>						
5:45 pm	5:15-6:00	Royal Rebels: Small Hip Hop Elite + <i>Harrison & Alannah</i>		5:45 pm				11:45 am									
6:00 pm	Company Acro Technique <i>Alannah</i>			6:00 pm	5:00-6:15	5:00-6:15		12:00 pm	11:30-12:15	11:30-12:15	11:30-12:15						
6:15 pm		5:45-6:30						1:00 pm									
6:30 pm	6:00-6:45							2:00 pm									
6:45 pm								3:00 pm									
7:00 pm	Combo Class Technique <i>Xtreme Team</i>							4:00 pm									
7:15 pm	6:45-7:30							5:00 pm	Privates	Privates	Privates						
7:30 pm	Small Group Lyrical Elite + <i>Harrison & Alannah</i>							6:00 pm									
7:45 pm								7:00 pm									
8:00 pm	7:30-8:15							8:00 pm									

