

# XTREME TALENT SCHEDULE - SEASON 21

Last updated 7/23/26

| MONDAY - AT XTREME - AFTERNOON/EVENING   |                                                                                                     |                                                                                   |                                                                       |           |                                                                                                                 | TUESDAY - AT XTREME - AFTERNOON/EVENING                           |           |                                                               |                                           |          |                                                                                 | WEDNESDAY - AT XTREME - AFTERNOON/EVENING                                           |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
|------------------------------------------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------|-----------|-----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|-----------|---------------------------------------------------------------|-------------------------------------------|----------|---------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|--------------------------------------------------------------------------|------------------------------------------------------------------------|-----------|
| STUDIO 1                                 |                                                                                                     | STUDIO 2                                                                          |                                                                       | STUDIO 3  |                                                                                                                 | STUDIO 1                                                          |           | STUDIO 2                                                      |                                           | STUDIO 3 |                                                                                 | STUDIO 1                                                                            |                                                                                   | STUDIO 2                                                                                |                                                                          | STUDIO 3                                                               |           |
| 3:30 pm                                  | Mo'Mentum Acro & Tech<br><b>Mo'Mentum</b><br><i>Brooklyn &amp; Ariana</i>                           | Creative Play & Movement<br>Ages 2-7<br><b>Pantheira Play</b><br><i>Alannah</i>   | RAD: Inter Foundation Ballet 1/2<br><b>Technique</b><br><i>Rachel</i> | 3:30-4:15 | 3:30 pm                                                                                                         | Inter Elite Acro<br><b>ITP</b><br><i>Maureen &amp; Alannah</i>    | 3:30-4:00 | Intermediate Lyrical<br><b>Mo'Mentum</b><br><i>Sam Svensk</i> | 3:30-4:15                                 | 3:30 pm  | Intermediate Jazz<br><b>Mo'Mentum</b><br><i>Eva</i>                             | RAD: Intermediate Ballet 2/2<br><b>Technique</b><br><i>Rachel</i>                   | 3:30-4:00                                                                         | Lil' Cats Tap (3-8)<br><b>Recreational</b><br><i>Carlin</i>                             | 3:30-4:00                                                                | RAD: Inter. Foundation Ballet 2/2<br><b>Technique</b><br><i>Carlin</i> | 4:00-4:45 |
| 3:45 pm                                  |                                                                                                     |                                                                                   |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           |          |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 4:00 pm                                  | 3:30-4:15                                                                                           |                                                                                   |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           |          |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 4:15 pm                                  | Jazz Superline 2 (9-12)<br><b>Company</b><br><i>Maureen &amp; Tara</i>                              |                                                                                   |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           |          |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 4:30 pm                                  |                                                                                                     |                                                                                   |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           |          |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 4:45 pm                                  | 4:15-5:00                                                                                           | 3:30-5:00                                                                         | 4:15-5:00                                                             | 4:45 pm   | Company Jaguar/Lynx:<br>Lyrical<br><b>Company</b><br><i>Kennedy</i>                                             | Sr. Elite Acro<br><b>ITP</b><br><i>Maureen &amp; Alannah</i>      | 4:15-5:00 | 4:45 pm                                                       | 4:15-5:00                                 | 4:45 pm  | 4:15-5:00                                                                       | 4:45 pm                                                                             | Lil' Cats (3-5yrs) Pre-Dance<br><b>Recreational</b><br><i>Carlin</i>              |                                                                                         |                                                                          |                                                                        |           |
| 5:00 pm                                  | Jazz Superline 1 (13+) <b>Company</b><br><i>Maureen &amp; Tara</i>                                  | Performance Academy:<br>Ages 5+<br><b>Recreational</b><br><i>Alannah</i>          | RAD: Grade 5 Ballet 1/2<br><b>Technique</b><br><i>Rachel</i>          | 5:00 pm   | 5:00 pm                                                                                                         | 5:00 pm                                                           | 5:00 pm   | 5:00 pm                                                       | 5:00 pm                                   | 5:00 pm  | 5:00 pm                                                                         | 5:00 pm                                                                             | 5:00 pm                                                                           | 4:45-5:15                                                                               |                                                                          |                                                                        |           |
| 5:15 pm                                  |                                                                                                     |                                                                                   |                                                                       |           | 5:15 pm                                                                                                         | 4:45-5:30                                                         | 4:45-5:30 |                                                               |                                           | 5:15 pm  |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 5:30 pm                                  | 5:00-5:45                                                                                           | 5:00-5:45                                                                         | 5:00-5:45                                                             | 5:30 pm   | ITP (13+): Acro Tech<br><b>Technique</b><br><i>Alannah</i>                                                      | Intermediate Stage<br><b>Company</b><br><i>Maureen &amp; Tara</i> |           |                                                               | 5:00-5:45                                 | 5:30 pm  | 5:00-5:45                                                                       | 5:30 pm                                                                             | 5:00-5:45                                                                         |                                                                                         |                                                                          |                                                                        |           |
| 5:45 pm                                  | Superline Combined<br><b>Company</b>                                                                |                                                                                   | RAD: Grade 3 Ballet 1/2<br><b>Technique</b><br><i>Rachel</i>          | 5:45 pm   |                                                                                                                 |                                                                   |           |                                                               | <b>Kennedy Privates</b>                   | 5:45 pm  | Superline Combined<br><b>Company</b>                                            |                                                                                     | RAD: Grade 3 Ballet 2/2<br><b>Technique</b><br><i>Rachel</i>                      |                                                                                         |                                                                          |                                                                        |           |
| 6:00 pm                                  | 5:45-6:15                                                                                           |                                                                                   |                                                                       | 6:00 pm   | 5:30-6:15                                                                                                       | 5:30-6:15                                                         |           |                                                               | 5:45-6:15                                 | 6:00 pm  | 5:45-6:15                                                                       |                                                                                     |                                                                                   | 5:15-6:15                                                                               |                                                                          |                                                                        |           |
| 6:15 pm                                  | Large Lyrical<br><b>ITP</b><br><i>Jordan/Tara</i>                                                   | Performance Academy:<br>Ages 9+<br><b>Recreational</b><br><i>Lineke</i>           | 5:45-6:30                                                             | 6:15 pm   | Company (9-12): Spins & Leaps<br><b>Technique</b><br><i>Kennedy</i>                                             | Senior Stage<br><b>Company</b><br><i>Maureen &amp; Tara</i>       |           |                                                               | Harrison & Alannah<br><b>Privates</b>     | 6:15 pm  | Junior Dance Foundations (Cheetah)<br><b>Technique</b><br><i>Kennedy</i>        |                                                                                     | 5:45-6:30                                                                         | Conditioning (Jag/Lynx)<br><b>Technique</b><br><i>Tara</i>                              |                                                                          |                                                                        |           |
| 6:30 pm                                  |                                                                                                     |                                                                                   | RAD: Grade 4 Ballet 1/2<br><b>Technique</b><br><i>Rachel</i>          | 6:30 pm   |                                                                                                                 |                                                                   |           |                                                               |                                           | 6:30 pm  |                                                                                 |                                                                                     |                                                                                   | 6:15-6:45                                                                               |                                                                          |                                                                        |           |
| 6:45 pm                                  | 6:15-7:00                                                                                           | 6:15-7:00                                                                         |                                                                       | 6:45 pm   | 6:15-7:00                                                                                                       | 6:15-7:00                                                         |           |                                                               | 6:15-7:00                                 | 6:45 pm  | 6:15-7:00                                                                       |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 7:00 pm                                  | Hip Hop: Crew 32<br><b>Elite + Tara</b>                                                             | Breaking Ages 11+<br><b>Recreational</b><br><i>Lineke</i>                         | 6:30-7:15                                                             | 7:00 pm   | Beyond The Stage:<br><b>Combo Class</b><br>Week 1: Studio Session<br>Week 2: Film Session<br><i>Xtreme Team</i> | Tara<br><b>Privates</b>                                           |           |                                                               | Tap<br><b>Technique</b><br><i>Kennedy</i> | 7:00 pm  |                                                                                 |                                                                                     | ITP (13+) Spins & Leaps (Tiger/Panther ITP)<br><b>Technique</b><br><i>Kennedy</i> | Company (13+): Spins & Leaps (Tiger/Panther Company)<br><b>Technique</b><br><i>Tara</i> |                                                                          |                                                                        |           |
| 7:15 pm                                  |                                                                                                     |                                                                                   |                                                                       | 7:15 pm   |                                                                                                                 |                                                                   |           |                                                               |                                           | 7:15 pm  |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 7:30 pm                                  | 7:00-7:45                                                                                           | 7:00-7:45                                                                         |                                                                       | 7:30 pm   | 7:00-7:45                                                                                                       | 7:00-7:45                                                         |           |                                                               | 7:00-7:45                                 | 7:30 pm  |                                                                                 |                                                                                     |                                                                                   | 6:45-7:45                                                                               |                                                                          |                                                                        |           |
| 7:45 pm                                  | Sr Elite Jazz & Small Group Contemporary<br>*Alternates Weekly*<br><b>ITP</b><br><i>Jordan/Tara</i> |                                                                                   | 7:15-8:15                                                             | 7:45 pm   | Royal Empire Hip Hop<br><b>Company</b><br><i>Harrison &amp; Alannah</i>                                         |                                                                   |           |                                                               |                                           | 7:45 pm  | 7:15-8:00                                                                       | 7:15-8:00                                                                           |                                                                                   | Rachel<br><b>Privates</b>                                                               |                                                                          |                                                                        |           |
| 8:00 pm                                  |                                                                                                     |                                                                                   |                                                                       | 8:00 pm   |                                                                                                                 |                                                                   |           |                                                               |                                           | 8:00 pm  | Company (12+) Contemporary<br><b>Elite + Tara</b>                               | Kennedy<br><b>Privates</b>                                                          |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 8:15 pm                                  | 7:45-8:45                                                                                           |                                                                                   |                                                                       | 8:15 pm   | 7:45-8:30                                                                                                       |                                                                   |           |                                                               |                                           | 8:15 pm  |                                                                                 |                                                                                     |                                                                                   | 7:45-8:30                                                                               |                                                                          |                                                                        |           |
| 8:30 pm                                  |                                                                                                     |                                                                                   |                                                                       | 8:30 pm   | Royal T: Small Hip Hop<br><b>Elite+</b><br><i>Harrison &amp; Alannah</i>                                        |                                                                   |           |                                                               |                                           | 8:30 pm  | 8:00-8:45                                                                       | 8:00-8:45                                                                           |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 8:45 pm                                  |                                                                                                     |                                                                                   |                                                                       | 8:45 pm   |                                                                                                                 |                                                                   |           |                                                               |                                           | 8:45 pm  |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 9:00 pm                                  |                                                                                                     |                                                                                   |                                                                       | 9:00 pm   | 8:30-9:00                                                                                                       |                                                                   |           |                                                               |                                           | 9:00 pm  |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| THURSDAY - AT XTREME - AFTERNOON/EVENING |                                                                                                     |                                                                                   |                                                                       |           |                                                                                                                 | FRIDAY - AT XTREME - AFTERNOON/EVENING                            |           |                                                               |                                           |          |                                                                                 | SATURDAY - AT XTREME - MORNING                                                      |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| STUDIO 1                                 |                                                                                                     | STUDIO 2                                                                          |                                                                       | STUDIO 3  |                                                                                                                 | STUDIO 1                                                          |           | STUDIO 2                                                      |                                           | STUDIO 3 |                                                                                 | STUDIO 1                                                                            |                                                                                   | STUDIO 2                                                                                |                                                                          | STUDIO 3                                                               |           |
| 3:30 pm                                  |                                                                                                     |                                                                                   | Junior Tap<br><b>Mo'Mentum</b><br><i>Robin Sanford</i>                | 3:30 pm   |                                                                                                                 | Baton 2<br><b>Recreational</b><br><i>Robin Sanford</i>            |           |                                                               |                                           | 9:30 am  | Lil' Cats Acro: Ages 3-4<br><b>Recreational</b><br><i>Brooklyn &amp; Ariana</i> |                                                                                     | Lil' Cats Baby Ballet - 18mths-2<br><b>Recreational</b><br><i>Carlin</i>          |                                                                                         | Lil' Cats Tap (3-8)<br><b>Recreational</b><br><i>Carlin</i>              |                                                                        |           |
| 3:45 pm                                  | Ages 7-11: Acro<br><b>Recreational</b><br><i>Alannah</i>                                            | Lil' Cats Hip Hop Ages 3-5<br><b>Recreational</b><br><i>Ariana &amp; Brooklyn</i> |                                                                       | 3:45 pm   |                                                                                                                 |                                                                   |           |                                                               |                                           | 9:45 am  | 9:30-10:00                                                                      |                                                                                     | 9:30-10:00                                                                        |                                                                                         |                                                                          |                                                                        |           |
| 4:00 pm                                  |                                                                                                     |                                                                                   | 3:30-4:15                                                             | 4:00 pm   | XPAA                                                                                                            | 3:30-4:15                                                         |           |                                                               |                                           | 10:00 am |                                                                                 | Pantheira Play: 18mths-2yrs<br><b>Creative Play &amp; Movement</b><br><i>Kalyra</i> |                                                                                   | Lil' Cats Pre-Ballet: Ages 3-4<br><b>Recreational</b><br><i>Carlin</i>                  |                                                                          |                                                                        |           |
| 4:15 pm                                  | 3:45-4:30                                                                                           | 3:45-4:30                                                                         | Junior Jazz (Cheetah)<br><b>Mo'Mentum</b><br><i>Robin Sanford</i>     | 4:15 pm   |                                                                                                                 | Baton 3<br><b>Recreational</b><br><i>Robin Sanford</i>            |           |                                                               |                                           | 10:15 am | Lil' Cats Acro: Ages 5-6<br><b>Recreational</b><br><i>Brooklyn &amp; Ariana</i> |                                                                                     | 10:00-10:45                                                                       |                                                                                         |                                                                          |                                                                        |           |
| 4:30 pm                                  | ITP (9-12): Acro Tech<br><b>Technique</b><br><i>Alannah</i>                                         | Ages 7-11: Hip Hop<br><b>Recreational</b><br><i>Kalyra</i>                        |                                                                       | 4:30 pm   |                                                                                                                 |                                                                   |           |                                                               |                                           | 10:30 am | 10:00-10:45                                                                     |                                                                                     | 10:00-10:45                                                                       |                                                                                         |                                                                          |                                                                        |           |
| 4:45 pm                                  |                                                                                                     |                                                                                   | 4:15-5:00                                                             | 4:45 pm   | 3:30-5:00                                                                                                       | 4:15-5:00                                                         |           |                                                               |                                           | 10:45 am | Acro: Ages 7-11<br><b>Recreational</b><br><i>Brooklyn &amp; Ariana</i>          |                                                                                     | Pantheira Play: Ages 3-4<br><b>Creative Play &amp; Movement</b><br><i>Kalyra</i>  |                                                                                         | RAD Pre-Primary Ballet: Ages 5-6<br><b>Recreational</b><br><i>Carlin</i> |                                                                        |           |
| 5:00 pm                                  | 4:30-5:15                                                                                           | 4:30-5:15                                                                         | Inter/Senior Tap<br><b>Company</b><br><i>Robin Sanford</i>            | 5:00 pm   |                                                                                                                 |                                                                   |           |                                                               |                                           | 11:00 am |                                                                                 |                                                                                     | 10:45-11:30                                                                       |                                                                                         |                                                                          |                                                                        |           |
| 5:15 pm                                  | Senior Contortion<br><b>ITP</b><br><i>Emma</i>                                                      | Royal Rebels: Small Hip Hop<br><b>Elite +</b><br><i>Harrison &amp; Alannah</i>    |                                                                       | 5:15 pm   | Emma<br><b>Privates</b>                                                                                         | Robin<br><b>Privates</b>                                          |           |                                                               |                                           | 11:15 am | 10:45-11:30                                                                     |                                                                                     | 10:45-11:30                                                                       |                                                                                         |                                                                          |                                                                        |           |
| 5:30 pm                                  |                                                                                                     |                                                                                   | 5:00-5:45                                                             | 5:30 pm   |                                                                                                                 |                                                                   |           |                                                               |                                           | 11:30 am |                                                                                 | Pantheira Play: Ages 5-6<br><b>Creative Play &amp; Movement</b><br><i>Kalyra</i>    |                                                                                   | RAD: Primary Ballet: Ages 7-8<br><b>Recreational</b><br><i>Carlin</i>                   |                                                                          |                                                                        |           |
| 5:45 pm                                  | 5:15-6:00                                                                                           | 5:15-6:00                                                                         |                                                                       | 5:45 pm   |                                                                                                                 |                                                                   |           |                                                               |                                           | 11:45 am |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 6:00 pm                                  | Company Acro<br><b>Technique</b><br><i>Alannah</i>                                                  | Royal Rebels: Hip Hop<br><b>Technique</b><br><i>Carlin</i>                        |                                                                       | 6:00 pm   | 5:00-6:15                                                                                                       | 5:00-6:15                                                         |           |                                                               |                                           | 12:00 pm | 11:30-12:15                                                                     |                                                                                     | 11:30-12:15                                                                       |                                                                                         | 11:30-12:15                                                              |                                                                        |           |
| 6:15 pm                                  |                                                                                                     | 6:00-6:30                                                                         |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           |          |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 6:30 pm                                  | 6:00-6:45                                                                                           |                                                                                   |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           | 1:00 pm  |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 6:45 pm                                  |                                                                                                     |                                                                                   |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           | 2:00 pm  |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 7:00 pm                                  | Combo Class<br><b>Technique</b><br><i>Xtreme Team</i>                                               |                                                                                   |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           | 3:00 pm  |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 7:15 pm                                  | 6:45-7:30                                                                                           |                                                                                   |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           | 4:00 pm  | <b>Privates</b>                                                                 | <b>Privates</b>                                                                     | <b>Privates</b>                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 7:30 pm                                  | Small Group Lyrical<br><b>Elite +</b><br><i>Harrison &amp; Alannah</i>                              |                                                                                   |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           | 5:00 pm  |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 7:45 pm                                  |                                                                                                     |                                                                                   |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           | 6:00 pm  |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
| 8:00 pm                                  | 7:30-8:15                                                                                           |                                                                                   |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           | 7:00 pm  |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |
|                                          |                                                                                                     |                                                                                   |                                                                       |           |                                                                                                                 |                                                                   |           |                                                               |                                           | 8:00 pm  |                                                                                 |                                                                                     |                                                                                   |                                                                                         |                                                                          |                                                                        |           |



**XTREME TALENT**  
DANCE COMPANY